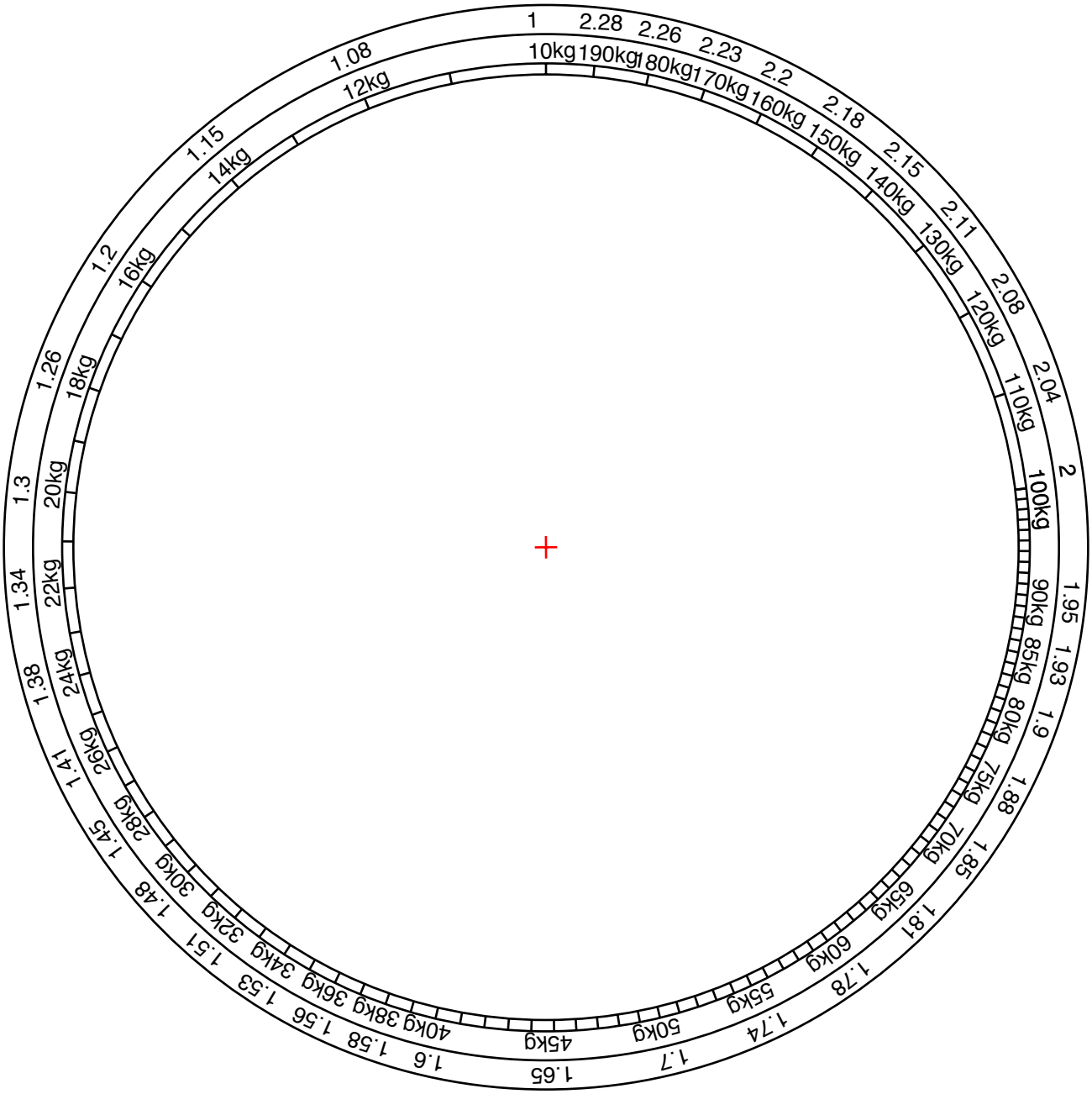
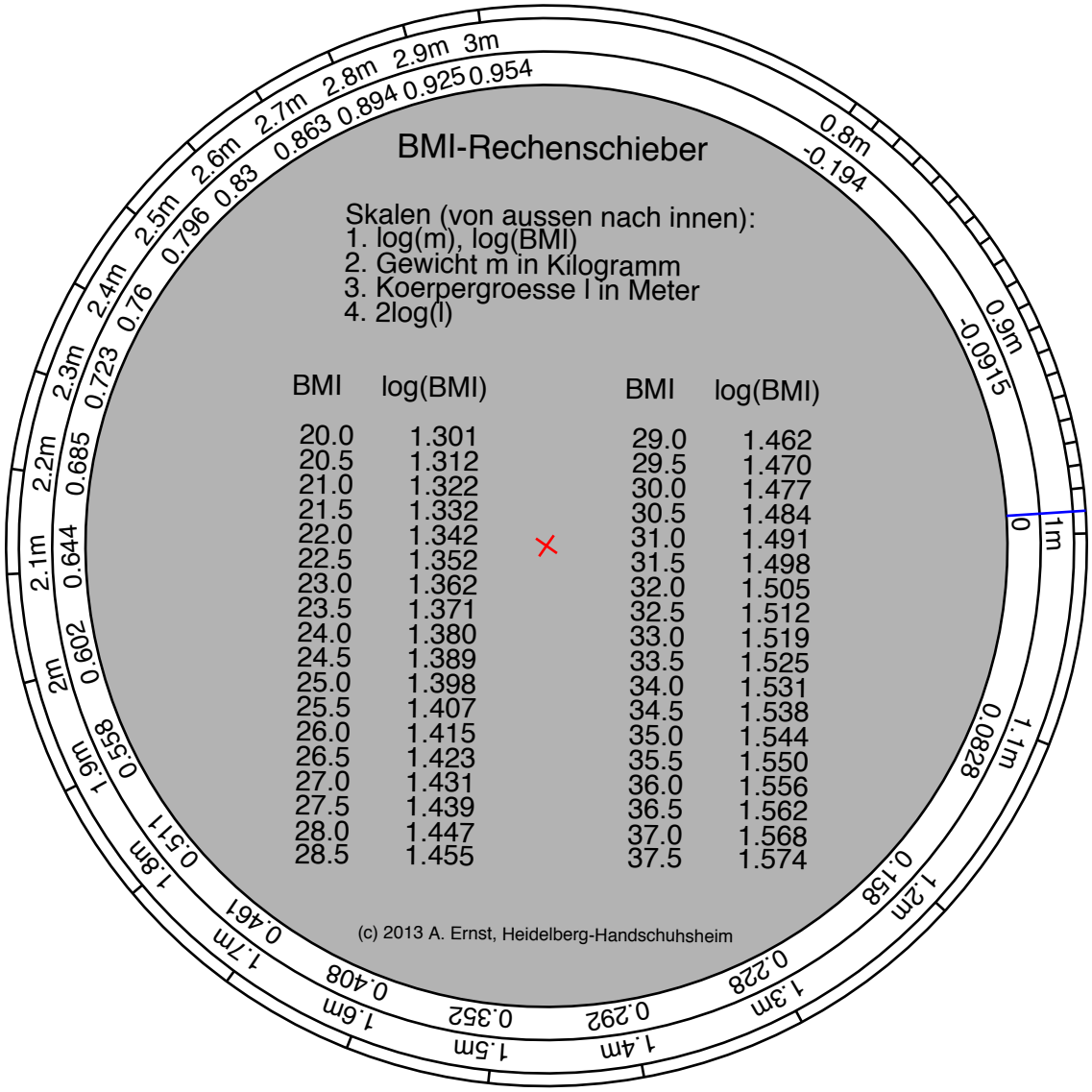

1
1.08
1.15
1.2
1.26
1.3
1.34
1.38
1.41
1.45
1.48
1.51
1.53
1.56
1.58
1.6
1.65
1.7
1.74
1.78
1.81
1.85
1.88
1.9
1.93
1.95
2
2.04
2.08
2.11
2.15
2.18
2.2
2.23
2.26
2.28
10kg
12kg
14kg
16kg
18kg
20kg
22kg
24kg
26kg
28kg
30kg
32kg
34kg
36kg
38kg
40kg
45kg
50kg
55kg
60kg
65kg
70kg
75kg
80kg
85kg
90kg
100kg
110kg
120kg
130kg
140kg
150kg
160kg
170kg
180kg
190kg

BMI-Rechenschieber

Skalen (von aussen nach innen):
1. log(m), log(BMI)
2. Gewicht m in Kilogramm
3. Koerpergroesse l in Meter
4. 2log(l)

BMI	log(BMI)	BMI	log(BMI)
20.0	1.301	29.0	1.462
20.5	1.312	29.5	1.470
21.0	1.322	30.0	1.477
21.5	1.332	30.5	1.484
22.0	1.342	31.0	1.491
22.5	1.352	31.5	1.498
23.0	1.362	32.0	1.505
23.5	1.371	32.5	1.512
24.0	1.380	33.0	1.519
24.5	1.389	33.5	1.525
25.0	1.398	34.0	1.531
25.5	1.407	34.5	1.538
26.0	1.415	35.0	1.544
26.5	1.423	35.5	1.550
27.0	1.431	36.0	1.556
27.5	1.439	36.5	1.562
28.0	1.447	37.0	1.568
28.5	1.455	37.5	1.574

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